

## *The Exceptional Nurse Newsletter*

October, 2007

[www.ExceptionalNurse.com](http://www.ExceptionalNurse.com)

Hello to all Exceptional Nurses and supporters,

Congress designated each **October as National Disability Employment Awareness Month**. Let's all do our part to promote greater awareness.

### **Check out Beka's Blog!**

Beka Serdans is a nurse who lives and works in New York City. Beka has dystonia (a movement disorder) and she is a blogger on the *Medscape for Nurses* web site. Visit her blog and be sure to read her post on 10/05/07 "Dystonia Hurts". Beka asks for advice about coping from nurses with disabilities. Let's help her out.

[http://medscapenursing.blogs.com/medscape\\_nursing/beka/index.html](http://medscapenursing.blogs.com/medscape_nursing/beka/index.html)

### **Scholarship Opportunity**

ARE YOU A LEGALLY BLIND STUDENT? The National Federation of the Blind invites applications for 30 scholarships for high school seniors-grad school students. The awards are from \$12,000 to \$3,000. Go to [ww.nfb.org/scholarships](http://www.nfb.org/scholarships) for the NATIONAL FEDERATION OF THE BLIND 2008 SCHOLARSHIP APPLICATION FORM.

Complete the form online, then mail a print copy with the required attachments to the Scholarship Committee. All documents must be received by March 31, 2008. Contact Anil Lewis, chairman, Scholarship Committee (404) 371-1000 or E-mail:

[Scholarships@nfb.org](mailto:Scholarships@nfb.org)

Imagine the possibilities if....

**"Leave No Nurse Behind: Nurses working with disabilities" became a best seller!!**

Potential nursing students, current nursing students and practicing nurses with disabilities need to know that a career in nursing is possible. Can you help out by calling your local public, hospital or university library and making a suggestion for purchase of this book?

*"Leave No Nurse Behind: Nurses Working with disabilities"* by Donna Maheady. Eleven nurses who defied disability tell their personal stories of courage and determination to continue to practice. The nurses have a wide range of disabilities including MS, arthritis, HIV, spina bifida, mental illness, vision loss, d/Deaf, back injuries, tremors, dystonia, an limb loss. The book is available at [www.iUniverse.com](http://www.iUniverse.com) and at other online booksellers for 14.95. ISBN is 0-595-39649-6.

Order a personalized, autographed copy of *Leave No Nurse Behind: Nurses working with disAbilities* directly from ExceptionalNurse.com. It makes a great personal or professional gift. Email: [ExceptionalNurse@aol.com](mailto:ExceptionalNurse@aol.com).

### **Need a custom made pair of scrubs?**

[Design your own Scrubs!](#) Use Promo Code 12645 to get \$2 off each scrub. Made4Me Scrubs will custom design your scrubs to your specific design, your choice of fabric and to your body measurements. You will look fashionable, comfortable AND attractive in the workplace. <http://www.made4mescrubs.com/default.asp?CD=A12645>

### **Web Sites of Note**

Lois Turley, RN is a nurse with strabismus. She has extensive experience as an allergy nurse and has created the following web sites.

<http://www.eyesapart.com>

<http://www.allergynursing.com>

<http://carenurse.com>

### **Donations needed**

If you have found this newsletter to be helpful, please consider making a donation to assist with expenses of providing it for you. Even a \$1.00 is appreciated. You can donate using the Amazon Honor System. Click on the "Make a Donation" page of the web site. <http://tinyurl.com/2adzle>

### **Mentors**

Exceptional Nurse is always looking for mentors. If you are interested in helping others, please email [ExceptionalNurse@aol.com](mailto:ExceptionalNurse@aol.com). Only email addresses are listed on the web site. In addition, a reminder to our current mentors, if you change email addresses, please remember to let us know.

### **Continuing Education**

"Teaching Nursing Students with Disabilities" by Donna Maheady, ARNP, Ed.D.  
"Writing Your Way to Health and Healing: An interactive workshop for nurses with disabilities" by Connie Adleman, RN  
"When your student is Deaf" by Martha McElyea, MSN, Rockhurst/Research College of Nursing

Visit the Continuing Education page of ExceptionalNurse.com for details.

**Volunteer opportunities**

<http://www.redcross.org>, <http://www.missingkids.com>, <http://www.nod.org> ,  
<http://www.mobilityproject.org/>, [http://www.uniteforsight.org/intl\\_volunteer](http://www.uniteforsight.org/intl_volunteer),  
[www.invisiblechildren.com](http://www.invisiblechildren.com), [www.savedarfur.org](http://www.savedarfur.org)

Keep the faith and get involved in our advocacy efforts. Please forward this newsletter to colleagues. Subscribe/ unsubscribe to this newsletter at [www.exceptionalnurse.com/maillist.htm](http://www.exceptionalnurse.com/maillist.htm)

Live generously,

Donna

Donna Maheady, Ed.D., ARNP  
Founder and President  
Contact me with news, ideas or suggestions for future newsletters.  
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