

## ***The Exceptional Nurse Newsletter***

February, 2008

[www.ExceptionalNurse.com](http://www.ExceptionalNurse.com)

Greetings to all Exceptional Nurses and supporters,

### **New 2008 Motivational DVD “Nursing with the Hand you are Given: A message of hope for nursing students with disabilities”**

An exciting new DVD is presented through the eyes of a prospective nursing student with a disability who interviews Susan Fleming, MN, RN a nursing faculty member, who was born without her left hand. Susan takes the nursing student to the nursing skills lab where she demonstrates the following skills: sterile gloves; clean gloves; sterile dressing; tying a patient gown; lifting a patient and giving an injection.

The DVD was developed by Susan Fleming, MN, RN and Donna Maheady, Ed.D., ARNP with support from Washington State University and ExceptionalNurse.com

A preview of the DVD is available at <http://nursing.wsu.edu/IAT/tv.html> .The DVD can be purchased for 45.00 plus tax and shipping

### **Employment Opportunities**

#### **Home Based Telephonic Case Management Position**

**Position Type:** Home-Based Full Time Employee

**Position:** Telephonic Nurse Case Manager

**Company:** MCA Innovations (MCAI)

**Job Category:** Healthcare-RNs and Workers Compensation Nurse Case Management

**Locations:** Seattle, Washington, Portland, Oregon, Atlanta, Georgia Regions

#### **Job Description**

MCAI is looking for a talented, motivated and experienced telephonic workers' compensation nurse case manager in multiple areas to work on an exciting contract with a large local federal agency. The nurse case manager will work at home, providing telephonic nurse case manager services with visits to the client location periodically. Nurse/case managers enjoy a satisfying career and the opportunity to work independently.

The telephonic nurse case managers provide medical expertise and serve as the critical communication link between the parties involved in workers' compensation cases. Nurse case managers assure timely interventions and facilitate continuous communication while providing patient advocacy through supporting patient choices. Nurse case managers are sensitive to the importance of productive work and return to work as the key outcome.

Federal security clearance may be required.

### **Primary Responsibilities**

Through telephonic consultations with practitioners, employer representatives and injured workers, nurse case managers assess, plan, implement, coordinate, monitor and evaluate options and services that meet an injured worker's health and return-to-work needs. The MCAI nurse case managers work closely with federal agency under the regulations of the Department of Labor to support and ensure appropriate and cost-effective healthcare services and a safe return to work.

Nurse case managers document for every injured worker a case management plan, specific to the individual that includes short and long-term goals, with time frames, time frames for reevaluation, resources to be utilized, and collaborative approaches to be used. Nurse case managers identify and obtain all documentation necessary to support the individual's plan for return-to- work and document all activities in a proprietary state-of-the-art computer system. Nurse case managers will be assigned and accountable to maintain a specific caseload and required to follow company and client protocols.

### **MINIMUM REQUIREMENTS:**

- Unrestricted RN license, other state licenses/certifications as required by law
- Associate Degree or BSN, 3+ years clinical nursing experience required.
- 3+ years case management in workers' compensation/UR/occupational health/disability preferred
- CCM, COHN or equivalent national certification desired or obtained after 12 months of date of hire
- Knowledge of and experience with DOL, Federal Employee's Compensation Act (FECA) regulations
- Able to do occasional local and national travel
- Excellent verbal, written and interpersonal skills
- Excellent organizational skills, ability to set priorities and work independently
- Must be able to establish home office, computer literacy required
- Federal security screening may be required.

### **Physical Requirements**

- Must be able to communicate by telephone; ability to speak clearly and hear spoken conversation. Must be able to use hands for data entry; computer use is a large component of the job.
- Must be able to travel to client sites for meetings; travel by automobile and air is a common need. Travel is anticipated to be needed a few times per month.
- Review of written documents is an essential job component. This job requires the ability to function at a light/sedentary musculoskeletal performance level.

We offer a competitive compensation and benefits package. EOE M/F/D/V. If interested in this opportunity, please email your resume to [Skappel@managedcareadvisors.com](mailto:Skappel@managedcareadvisors.com).

## **Dystonia calling Dr. Oz**

Verified Air Date

It's just been verified !

The Air Date for " Dystonia calling Dr. Oz " is to air on Feb 27, 2008.

The segment will air Wednesday at 7am EST on XM Radio Sattelite 156. Instructions on gaining access to XM Radio are on the Oprah site.

Beka Serdans RN has served in the ICU alongside Dr. Oz and talks about how she has battled through Dystonia, a neurological disorder. Dr. Mike Kaplitt, MD, PhD focuses on DBS and gene therapy. Dr. Oz, Lisa and Dr. Roizen also take your calls and answer your questions when it comes to living your best life.

The segment will be re-broadcast the same day at 6pm and 1 am EST. 6 million listeners and growing!

For more info, visit [www.oprah.com](http://www.oprah.com) site and consider sending Dr. Oz a BIG thank you.

Celebrate Time for Dystonia to be Heard

Contact: Beka, RN, MS, NP 440 East 78th Street - Suite 4F - New York, New York 10075 [infoc4d@aol.com](mailto:infoc4d@aol.com) | <http://www.care4dystonia.org>

## **Autism Speaks**

The band, Five for Fighting, is generously donating \$0.49 to Autism Speaks each time this video is viewed. The funding goes toward research studies to help find a cure. When you have a moment, please visit the link below to watch the video and pass it along. They are aiming for 10,000 hits, but hopefully we can help them to surpass this goal. Here is the link:

<http://www.whatkindofworldyouwant.com/videos/view/id/408214>

## **Equipment of Note**

Franklin's new eBookMan is a handheld device that delivers instant access to medical references and the Franklin Reader with Med-Spell lookup.

<http://www.franklin.com/ebookman/medical/>

## **Donations needed**

If you have found this newsletter to be helpful, please consider making a donation to assist with expenses of providing it for you. Even a \$1.00 is appreciated. You can donate using the Amazon Honor System. Click on the "Make a Donation" page of the web site.

<http://tinyurl.com/2adzle>

## **Mentors**

Exceptional Nurse is always looking for mentors. If you are interested in helping others, please email [ExceptionalNurse@aol.com](mailto:ExceptionalNurse@aol.com). Only email addresses are listed on the web site. In addition, a reminder to our current mentors, if you change email addresses, please remember to let us know.

## **Continuing Education**

“Teaching Nursing Students with Disabilities” by Donna Maheady, ARNP, Ed.D.  
“Writing Your Way to Health and Healing: An interactive workshop for nurses with disabilities” by Connie Adleman, RN  
“When your student is Deaf” by Martha McElyea, MSN, Rockhurst/Research College of Nursing  
Visit the Continuing Education page of [ExceptionalNurse.com](http://ExceptionalNurse.com) for details.

## **Volunteer opportunities**

<http://www.redcross.org>, <http://www.missingkids.com>, <http://www.nod.org> ,  
<http://www.mobilityproject.org/>, [http://www.uniteforsight.org/intl\\_volunteer](http://www.uniteforsight.org/intl_volunteer),  
[www.invisiblechildren.com](http://www.invisiblechildren.com), [www.savedarfur.org](http://www.savedarfur.org)

Keep the faith and get involved in our advocacy efforts. Please forward this newsletter to colleagues. Subscribe/ unsubscribe to this newsletter at [www.exceptionalnurse.com/maillist.htm](http://www.exceptionalnurse.com/maillist.htm)

*Live generously,*

*Donna*

Donna Maheady, Ed.D., ARNP  
Founder and President  
Contact me with news, ideas or suggestions for future newsletters.  
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